

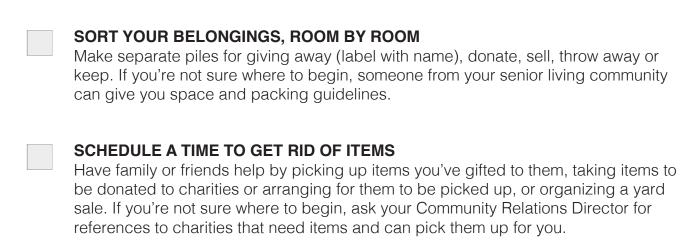
PACKING POINTERS & CHECKLIST

Our best advice? To have a trusted family member or friend (or a group of them) help you prepare and pack, months in advance. Pace yourself and give yourself time to declutter, sort and scale back to your favorite items, something that can feel good with enough time and a supportive team on your side. Look at this as a time to reaffirm your favorites and to keep what matters.

Once you sort everything, you can always enlist a professional packing and moving team to take care of the rest.

If you don't know where to begin, someone from our team can visit your home and help you get started, talking with family members, providing tips on what other residents bring along, even providing a list of charities for donations, professional packing and moving services and more.

In the meantime, some pointers to pack happy:



PACKING SUPPLIES

Make sure you have all packing supplies to get started: storage bins, boxes, plastic bags, trash bags, labels and markers OR hire a moving service to pack for you. If you're not sure who to call for packing and/or moving help, ask your Community Relations Director for references.

Ask for a favorite f	PLAN FOR YOU NEW SPACE If loor plan of your new residence, with measurements. Then measure your urniture pieces to make sure they fit comfortably. You can also visit furnodels and take photos to get an idea of desired layout options.
You will a	URE Jest touring a furnished model to get a feel for the space and furniture layout. Jalso have room dimensions, so we encourage you to measure your furniture of ensure the best fit.
	Bed (frame, box spring, mattress and bedding. Be sure to check your floor plan to confirm the size bed that will best fit your space).
	Nightstand
	Dresser and/or Chest of Drawers
	Seating (small sofa, chairs with arms, rocker)
	Small Kitchen Table and Chairs
	Side Table(s)
	Tall Console Table
smaller k rant-style	nost likely where you'll need to edit the most. Keep in mind you'll have a kitchenette with plenty of space for one. You also have access to restaudining, with a menu and snacks prepared by a chef, so you probably won't many food prep materials as before.
	Ask if a Full-Size or Mini Fridge is included
	Ask if a Microwave is included
	One set of Pots and Pans with Llids
	Most Common Utensils (Spatula, Mixing Spoon, Ladle, Can Opener, etc.)
	Set of Drinking Glasses
	Dishes (Set of 4, Large, Lunch, Bowl)
	Serving Dish
	Coffee Cups and Saucers (Set of 4)
	Silverware (Set of 4)

	Mixing Bowls (set of 2)
	Set of Measuring Cups
	Hot Pad Holders
	Coffeemaker
	Electric Mixer
	Cookie Sheets (2)
	Cake Pans (2)
	Colander
	Cooling Rack
	Roaster
	Toaster
CI EANII	NC CURRUES
Ask abou	NG SUPPLIES ut cleaning that comes standard or available cleaning services and what's then pack accordingly:
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Ask abou	ut cleaning that comes standard or available cleaning services and what's then pack accordingly:
Ask abou	ut cleaning that comes standard or available cleaning services and what's then pack accordingly: Dust Mop
Ask abou	ut cleaning that comes standard or available cleaning services and what's then pack accordingly: Dust Mop Surface Wipes
Ask abou	ut cleaning that comes standard or available cleaning services and what's then pack accordingly: Dust Mop Surface Wipes Dish Towels
Ask abou	ut cleaning that comes standard or available cleaning services and what's then pack accordingly: Dust Mop Surface Wipes Dish Towels Dish Soap
Ask abou	then pack accordingly: Dust Mop Surface Wipes Dish Towels Dish Soap Window Cleaner
Ask abou	Lat cleaning that comes standard or available cleaning services and what's then pack accordingly: Dust Mop Surface Wipes Dish Towels Dish Soap Window Cleaner Duster or Dusting Cloths
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BATHROOM Set of bath towels*
Set of hand towels*
Set of washcloths*
Personal Care Items:
Toothbrush
Deodorant
Shower Soap
Hand Soap
Body Lotion
Shampoo
Shaving Equipment (if used)
Blow-dryer
Rollers, Hairpins or Curling Iron (if used)
Make-up or Cosmetics (if used)
Brush and Comb
Medications
* enough for 1-2 weeks to accommodate for laundry service schedule.
DECORATIVE ACCESSORIES Make your space your own by adding personal style and comfort. Keep in mind the space you have, being sure to leave walkways open to prevent falling or tripping hazards.
Rugs
Clock(s)
Art
Pillows
Lamps
Baskets

	Vases
	Other Decorative Accessories
comforta Ask for g	can be a source of comfort and security. So pack your favorite, most ble items, knowing that your entire wardrobe may not fit in your new space. uidelines on closet and storage space and add tags or write your initials or your clothing items to ensure they're returned to you from laundry service.
	Dresses or Skirts
	Knee-highs, Socks and Stockings
	Pants
	Short-sleeved Shirts
	Long-sleeved Shirts
	Sweaters
	Athletic Wear
	Sweatsuits
	Underwear
	Shoes
	Slippers
	Pajamas
	Robe(s)
	Coats
	Hats
	Scarves

ENTERTAINMENT & PERSONAL ITEMS

We encourage you to surround yourself with your favorite things and things that allow you to continue your interests and passions. Make sure you or your loved one knows how to operate electronics or computer equipment. Have a plan for valuable jewelry, including leaving the most precious possessions with a family member or securing a safe or other secure storage options.

Television
Music System
Journal or Writing Materials
Computer or laptop
Photo Albums
Favorite Books
Framed Photos
Throw Blanket(s)
Jewelry
Small Safe
Mementos