

# Congestive Heart Failure EDUCATION PROGRAM



**THURSDAY  
MARCH 19, 2026  
3:00PM**

**VENUE:**

**PARK PLACE SENIOR LIVING  
Activity Room  
4411 Park Place Drive  
Fort Wayne, IN 46845**



**TRADITIONS**

**PARK PLACE SENIOR LIVING**



**GRACE  
AT HOME**



**FOR MORE INFORMATION  
PLEASE CONTACT:**

**Park Place Receptionist  
(260) 480-2500**

## *Confidence Starts with Prevention*

Join us for our **Congestive Heart Failure (CHF) Education Program**, an informative and supportive seminar presented by **Grace At Home** and focused on understanding CHF and reducing symptoms.

Learn about common symptoms, medications, heart-healthy diet tips, and when to notify nursing staff or health care provider. We'll also discuss daily habits like weight monitoring, low-salt eating, and important warning signs you shouldn't ignore.

Heart-healthy refreshments will be provided. Residents and their loved ones are encouraged to attend!